

114學年度學士班課程規劃表

教育與運動健康學院-體育學系-體育學組

Category 類別	Module 模組	Course Title 課程名稱	Course code 科目代碼	R/E 選別	Credits 學分	Freshmen 一年級		Sophomore 二年級		Junior 三年級		Senior 四年級		minimum credits for this category 類別最低 應修	minimum credits for this module 模組最低 應修	Remarks 備註
						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下			
University Required 校訂必修		Time for Advisor 導師時間		R 必	0	0	0	0	0	0	0	0	0	0	0	
Holistic Education Program of Study 全人教育課程	core courses 核心課程	Intro. to U.Studies 大學入門		R 必	2	2								32	10	
		Philosophy of Life 人生哲學		R 必	4			2	2							
		Professional Ethics - Sports Ethics 專業倫理-體育倫理		R 必	2					2						
		Physical Education 體育		R 必	0	0	0	1	1							First Year, First Semester: Judo First Year, Second Semester: Tennis Second Year, First Semester: Martial Arts Second Year, Second Semester: Aerobic Dance 一上:柔道、一下:網球、 二上:國術、二下:有氧舞蹈
	Funda- mental Skills Course 基本能力課程	Chinese 國文		R 必	4	2	2							12	12	
		Foreign Language 外國語文		R 必	8	2	2	2	2							At least 4 credits of English. If the English language ability is reach CEFR B2 level, student can apply to take 2nd Foreign languages instead of English. 英文至少4學分，但通過全民英檢中高級複試 者，得免修英文，選選修讀第二外語課程。
		Information Literacy 資訊能力素養		R 必	0											There will be no school-wide compulsory courses. Students need to take related courses or pass the school's basic information ability test as a graduation condition. 不開設全校性必修課程，改以學生需通過本校 資訊基本能力檢定為畢業條件，檢定方式採認 證或修讀相關課程方式抵免。
	General Education Courses 通識涵 養課程	Humanities & Arts 人文藝術		G 通	2~									10	10	Each area has 2 credits, totaling 8 credits. Another 2 credits can be taken from one of the four areas (defined as free electives), but must exclude the general exclusion courses of the department (program). 每一領域各2學分，共計8學分。另2學分可於 四個領域中擇一修讀(定義為自由選修)，但須 排除所屬系(學程)院之通識排除科目。
		Nature & Technology 自然科技		G 通	2~											
		Social Sciences 社會科學		G 通	2~											
		Sustainable Literacy 永續素養		G 通	2~											
	Required Physical Education Courses 系必修學科 課程	解剖生理學 Anatomy Physiology	07596	R 必	2	2								72	36	
		體育史 History of Physical Education	01103	R 必	2	2										
		運動生理學 Physiology of Exercise	02507	R 必	2	2										
		教育概論 Introduction to Education	06060	R 必	2		2									
體育統計學 Statistical Methods in Physical Education		14421	R 必	2		2										
運動心理學 Psychology of Physical Education		02506	R 必	2			2									
運動教育學 Sports Education		14423		2			2									
運動傷害與急救 Sport Injuries and First Aid		05099	R 必	2			2									
體育應用術語 Terminology in Physical Education		29780	R 必	2				2								
運動生物力學 Biomechanics of Sports		18550	R 必	2				2								
體育推廣實習 Practicum in Physical Education Promotion		22171	R 必	4					2	2						
運動社會學 Movement Sociology		09475	R 必	2					2							
體育課程教學設計 Pedagogy of Physical Education		18614	R 必	2					2							
體適能教學與評估 Physical Fitness Instruction and Evaluation		14426	R 必	2						2						
體育原理 Principle of Physical Education		02972	R 必	2						2						
體育行政與管理 Administration & Management of P.E.	19592	R 必	2							2						

Curriculum - BA Program, 114 Academic Year

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						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下			
		體育學研究法 Research Methods in Physical Education	02977	R 必	2								2			
Required Physical Education Courses 系必修術科課程	Specialty Event 專長項目	專長項目(舞蹈) S.E.(Dance)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)			36		Specialty Students: Must complete 24 credits in their specialty courses. Additionally, they are required to earn 12 credits from the remaining 9 courses, which cannot overlap with their specialty courses. Non-Specialty Students: Must complete 36 credits of required skills courses. Note 1: Non-specialty students may choose to enroll in one "Specialty Event" course through a manual enrollment process. Prior approval from the course instructor is required. Furthermore, students must complete the prerequisite first-semester course before proceeding to the second semester. 1.專長生：專長項目必修24學分，餘9項中須修滿12學分，但不得與其專長項目重覆。 2.非專長生，術科必修36學分。 註1：非專長可擇一加選「專長項目」課程，採人工加簽制，需先獲得課程教師同意，且需修讀先修上學期，才可修讀下學期。
		專長項目(桌球) S.E. (Table Tennis)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(羽球) S.E.(Badminton)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(網球) S.E.(Tennis)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(柔道) S.E.(Judo)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(舉重) S.E.(Weight Lifting)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
		專長項目(拳擊) S.E.(Boxing)		R 必	24	4 (一)	4 (二)	4 (三)	4 (四)	4 (五)	4 (六)					
	General Skills Courses 一般術科	田徑 Track and Field	01374	R 必	4	2	2									
		體操 Gymnastic	02979	R 必	2	2										
		游泳 Swimming	02302	R 必	4	2	2									
		舞蹈 Dancing	02649	R 必	4	2	2									
		體能訓練 Strength and Conditioning	18548	R 必	4	2	2									
		棒壘球 Baseball and Softball	05872	R 必	4			2	2							
		籃球 Basketball	02953	R 必	4			2	2							
		國術 Chinese Martial Art	02073	R 必	2				2							
		足球 Soccer	01587	R 必	2					2	2					
		排球 Volleyball	02166	R 必	2					2	2					
Elective Physical Education Academic Courses 系選修學科課程		應用運動解剖學 Kinesiology	12577	S 選	2		2							24	12	Elective Academic Courses: A Minimum of 12 Credits (Including Cross-Group/Department Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective course credit hours. Note 3: Courses taken within the department but outside the required or elective courses of the student's designated group, as well as courses from other departments (excluding the General Education Center), can be counted as elective courses. 選修學科至少12學分 (含跨組/系) 註1：部份課程採隔年開課方式開課。 註2：選修即可自行決定要修與否，唯必須符合選修學科之學分數。 註3：修讀系內非本組必修或選修與外系課程(非通識中心)課程，可列為選修課程。
		運動心理技能訓練 Psychology Skill Training in Sport	36107	S 選	2			2								
		健康與體育概論 Introduction to Health and Physical Education	12274	S 選	2				2							
		體育新聞學 Sports Journalism	02975	S 選	2				2							
		體育教學策略 Sports Teaching Strategies	14839	S 選	2				2							
		體育教材教法 Sports Teaching Methods	18945	S 選	2				2							
		運動指導法 Teaching Method of Sports	18946	S 選	2					2						
		運動數據應用與比賽表現分析-英 Data Analytics in Sports: Applications, Prospects, and Match Performance	36854	S 選	2							2				
		運動賽事導播製作與實務-英 Sports event director production and practice	36107	S 選	2							2				
		運動數位媒體製作 Sport Digital Media Production	23524	S 選	2								2			
Elective Physical Education Skills Courses 系選修術科課程		運動處方 Exercise Prescription	14060	S 選	2								2			
		桌球 Table Tennis	03639	S 選	2		2									Elective Skills Courses: A Minimum of 12 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少12學分 (含跨組) 註1：部份課程採隔年開課方式開課。
		網球 Tennis	02643	S 選	2		2									
		運動健身指導 Fitness Instruction	21310	S 選	2			2								
		羽球 Badminton	03638	S 選	2					2						

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						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下			
		高爾夫 Golf	00078	S 選	2					2					12	註2：選修即可自行決定要修與否，唯必須符合選修學科之學分數。 註3：修讀系內非本組必修或選修與進修部運休學程術科課程，可列為選修課程。
		保齡球 Bowling	06468	S 選	2					2						
		潛水 Scuba Diving	18791	S 選	2					2						
		保齡球 Bowling	06468	S 選	2					2						
		劍道 Kendo	05354	S 選	2					2						
		瑜珈-英 Yoga	09541	S 選	2					2						
Holistic Education Program of Study (A) 全人教育課程學分數		32	Department Required courses (B) 院系必修必選學分數	Requi red 必修		72		Electi on (C) 選修學分數	Advanced Eleciton in department 專業選修		24		Credits for Graduation A+B+C 畢業學分數		128	

Note 1: A total of 128 credits are required for graduation.

Note 2: Elective courses serve as a reference for students to plan their curriculum. The actual course offerings will apply, and duplicate courses may not be taken for credit.

Note 3: National Defense Education and Military Training courses are categorized as university electives. These courses can only be used to offset military service obligations and cannot be counted toward graduation credits.

註1：畢業學分為128學分。

註2：選修課程供學生規劃課程參考，依實際開課為準，不得重覆修課。

註3：全民國防教育軍事訓練 課程為校選修課程，僅使用兵役折抵，不得列計畢業學分。