

## Curriculum - BA Program, 114 Academic Year

## 114學年度學士班課程規劃表

College : Education and Sports Health Department : Department of Physical Education, Sports and Health Management Group

教育與運動健康學院-體育學系-運動健康管理組

Category 類別	Module 模組	Course Title 課程名稱	Course code 科目代碼	R/E 選別	Credits 學分	Freshmen 一年級		Sophomore 二年級		Junior 三年級		Senior 四年級		minimum credits for this category 類別最低 應修	minimum credits for this module 模組最低 應修	Remarks 備註
						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下			
University Required 校訂必修		Time for Advisor 導師時間		R 必	0	0	0	0	0	0	0	0	0	0	0	
Holistic Education Program of Study 全人教育課程	core courses 核心課程	Intro. to U.Studies 大學入門		R 必	2	2								32	10	
		Philosophy of Life 人生哲學		R 必	4			2	2							
		Professional Ethics - Sports Ethics 專業倫理-體育倫理		R 必	2						2					
		Physical Education 體育		R 必	0	0	0	1	1							First year, first semester: Swimming First year, second semester: Track and field Second year, first semester: Basketball Second year, second semester: Weightlifting 一上:游泳、一下:田徑、 二上:籃球、二下:重訓
	Funda mental Skills Course s 基本能 力課程	Chinese 國文		R 必	4	2	2							32	12	
		Foreign Language 外國語文		R 必	8	2	2	2	2							At least 4 credits of English. If the English language ability is reach CEFR B2 level, student can apply to take 2nd Foreign languages instead of English. 英文至少4學分，但通過全民英檢中高級複試 者，得免修英文，選選修讀第二外語課程。
		Information Literacy 資訊能力素養		R 必	0											There will be no school-wide compulsory courses. Students need to take related courses or pass the school's basic information ability test as a graduation condition. 不開設全校性必修課程，改以學生需通過本校 資訊基本能力檢定為畢業條件，檢定方式採認 證或修讀相關課程方式抵免。
	General Education Courses 通識涵 養課程	Humanities & Arts 人文藝術		G 通	2~									32	10	Each area has 2 credits, totaling 8 credits. Another 2 credits can be taken from one of the four areas (defined as free electives), but must exclude the general exclusion courses of the department (program). 每一領域各2學分，共計8學分。另2學分可於 四個領域中擇一修讀(定義為自由選修)，但須 排除所屬系(學程)院之通識排除科目。
		Nature & Technology 自然科技		G 通	2~											
		Social Sciences 社會科學		G 通	2~											
		Sustainable Literacy 永續素養		G 通	2~											
Required Physical Education Courses 系必修學科 課程		解剖生理學 Anatomy Physiology	07596	R 必	2	2								48		
		管理學導論 Introduction of Management	18550	R 必	2	2										
		教育概論 Introduction to Education	06060	R 必	2		2									
		運動與營養 Sports and Nutrition	02510	R 必	2		2									
		運動經濟學 Economics of Sport	21365	R 必	2		2									
		運動管理學 Sports Management	13900	R 必	2		2									
		運動休閒設施規劃與營運 Planning and Operation of Sport and Recreation Facilities	22179	R 必	2			2								
		運動心理學-英 Psychology of Physical Education	04381	R 必	2			2								
		運動傷害評估學 Evaluation of Athletic Injuries	22696	R 必	2			2								
		運動傷害與急救 Sport Injuries and First Aid	05099	R 必	2			2								
		運動賽會規劃與管理 Sport Event Management and Planning	18788	R 必	2				2							
		體育統計學 Statistical Methods in Physical Education	14421	R 必	2				2							
		運動生理學 Physiology of Exercise	02507	R 必	2				2							
		運動社會學 Movement Sociology	09475	R 必	2				2							
		運動健康促進 Exercise and Health Promotion	22169	R 必	2				2							

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						First 上	Second 下	First 上	Second 下	First 上	Second 下	First 上	Second 下			
		人力資源管理 Human Resources Management	01013	R 必	2					2				72		
		運動與媒體 Sport and Media	14491	R 必	2					2						
		運動按摩 Performance Massage	14059	R 必	2						2					
		體適能教學與評估 Physical Fitness Instruction and Evaluation	14426	R 必	2						2					
		體育學研究法 Research Methods in Physical Education	02977	R 必	2						2					
		運動產業實習 Practicum in Sports Enterprises	22170	R 必	4					2	2					
		體育行政管理 Adiministration & Management of P.E.	05889	R 必	2							2				
		運動行銷學 Sport Marketing	09714	R 必	2								2			
Required Physical Education Skills Courses 系必修術科 課程		體能訓練 Strength and Conditioning	18548	R 必	2	2								24		
		田徑 Track and Field	01374	R 必	2	2										
		游泳 Swimming	02302	R 必	2		2									
		太極拳 Tai-chi Chuan	03648	R 必	2			2								
		有氧舞蹈 Aerobic Dance	07387	R 必	2			2								
		水域活動 Aquatic Activity	22167	R 必	2			2								
		民俗運動 Folk Custom Sports	19369	R 必	2				2							
		桌球 Table Tennis	03639	R 必	2				2							
		網球 Tennis	02643	R 必	2				2							
		高爾夫 Golf	00078	R 必	2					2						
		瑜珈 Yoga	09541	R 必	2						2					
		羽球 Badminton	03638	R 必	2							2				
Elective Physical Education Academic Courses 系選修學科 課程		應用運動解剖學 Kinesiology	12577	S 選	2		2							24	16	Elective Academic Courses: A Minimum of 16 Credits (Including Cross-Group/Department Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective course credit hours. Note 3: Courses taken within the department but outside the required or elective courses of the student's designated group, as well as courses from other departments (excluding the General Education Center), can be counted as elective courses. 選修學科至少16學分 (含跨組/系) 註1: 部份課程採隔年開課方式開課。 註2: 選修即可自行決定要修與否, 唯必須符 合選修學科之學分數。 註3: 修讀系內非本組必修或選修與外系課程 (非通識中心)課程, 可列為選修課程。
		幼兒體育 Kinder Fitness	01323	S 選	2			2								
		儀器治療學與實習-英 Therapeutic Modalities & Practicum	22697	S 選	2				2							
		運動與法律 Sports and Law	13589	S 選	2				2							
		健身運動心理學 Exercise Psychology	14464	S 選	2				2							
		運動網站企劃與經營 Sports Website Planning and Management	23523	S 選	2				2							
		體育應用術語 Sports Terminology	02978	S 選	2					2						
		運動俱樂部經營管理 Sports Club Management	15260	S 選	2					2						
		運動保健之經營與管理 Sports Health Management	22998	S 選	2					2						
		公共關係 Public Relations	01161	S 選	2						2					
		財務管理 Financial Management	01983	S 選	2						2					
		銀髮族體能活動 Fitness Activities for the Elderly	21364	S 選	2						2					
		運動防護實習 Sports Protection Internship	25128	S 選	2						2					
		運動處方 Exercise Prescription	14060	S 選	2							2				

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Elective Physical Education Skills Courses  系選修術科 課程	排球 Volleyball	02166	S 選	2				2						8	Elective Skills Courses: A Minimum of 8 Credits (Including Cross-Group Courses) Note 1: Some courses are offered on a biennial basis. Note 2: Elective courses are optional; however, students must meet the required elective skills course credit hours. Note 3: Skills courses taken within the department but outside the required or elective courses of the student's designated group, as well as skills courses from the Division of Continuing Education's Sports and Leisure Program, can be counted as elective courses. 選修術科至少8學分 (含跨組) 註1：部份課程採隔年開課方式開課。 註2：選修即可自行決定要修與否，唯必須符合選修學科之學分數。 註3：修讀系內非本組必修或選修與進修部選休學程術科課程，可列為選修課程。	
	潛水 Diving	18791	S 選	2					2							
	棒壘球 Baseball and Softball	05872	S 選	2							2					
	足球 Soccer	01587	S 選	2								2				
	劍道 Kendo	05354	S 選	2									2			
	保齡球 Bowling	06468	S 選	2						2						
	龍舟 Dragon Boat	36855	S 選	2							2					
Holistic Education Program of Study (A) 全人教育課程學分數	32	Department Required courses (B) 院系必修必 選學分數	Requi red 必修	72	Electi on (C) 選修 學分 數	Advanced Eleciton in department 專業選修	24	Credits for Graduation A + B + C 畢業學分數	128							

Note 1: A total of 128 credits are required for graduation.

Note 2: Elective courses serve as a reference for students to plan their curriculum. The actual course offerings will apply, and duplicate courses may not be taken for credit.

Note 3: National Defense Education and Military Training courses are categorized as university electives. These courses can only be used to offset military service obligations and cannot be counted toward graduation credits.

註1: 畢業學分為128學分。

註2: 選修課程供學生規劃課程參考, 依實際開課為準, 不得重覆修課。

註3: 全民國防教育軍事訓練 課程為校選修課程, 僅使用兵役折抵, 不得列計畢業學分。